# Jensen's Inequality for Conditional Expectations

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Let f be a real-valued Borel function, X and f(X) be integrable random variables defined on a probability space  $(\Omega, \mathcal{F}, P)$  and G be a sub  $\sigma$ -field of  $\mathcal{F}$ . Jensen's inequality states that, if f is convex on an interval I containing the range of X, then

(1) 
$$Ef(X) > f(EX)$$

(where E denotes expectation); its generalization is

(2) 
$$E[f(X)|Q] \geq f[E(X|Q)]$$

with probability one.

One application of the generalized Jensen's inequality is in martingale theory where it is used to show that "convex functions of martingales" and "convex non-decreasing functions of submartingales" are submartingales.

The usual proof of (1), e.g. Loève [6; p. 159], uses the fact that under the hypothesis there must exist a non-decreasing function,  $m(\cdot)$ , satisfying, for all x and y in I:

(3) 
$$f(x) - f(y) \ge m(y) (x - y)$$

(e.g. take m to be either the right or left hand derivative of f). Then, since EX must lie in I, we have

$$f(X) - f(EX) \ge m(EX) (X - EX).$$

Take the expectations of both sides, giving

(5) 
$$Ef(X) - f(EX) \ge m(EX) (EX - EX) = 0$$

which proves (1).

Inequality (4) can be generalized to

(6) 
$$f(X) - f[E(X|Q)] > m[E(X|Q)] [X - E(X|Q)]$$

and taking the conditional expectations of both sides with respect to G, would yield the analogue of (5), thereby proving (2) -- provided that the conditional expectations exist. If I can be bounded above or below then so can m[E(X|G)] and there is no difficulty. But in general, the hypothesis is not sufficient to guarantee the existence of the mean of the right side of (6).

For example, take  $f(x) = \exp|x|$ , let Y be any symmetric random variable with Eexp  $2|Y| < \infty$ , but EYexp|Y| failing to exist. Let Z be independent of Y with values 0 and 2 each with probability 1/2. Take X = YZ and G the  $\sigma$ -field generated by Y. Then the right side of (6) becomes

$$|Y|(Z-1)\exp|Y|$$

which has the same distribution as

(8) 
$$Y \exp |Y|$$
,

hence no mean. So while we are strongly tempted to say that the conditional expectation of (7) with respect to 4 is

(9) 
$$(|Y| \exp |Y|) E(Z-1) = 0$$
,

we may not do so.

Loève does not give a proof of (2), but merely asserts (p. 348) that it follows from (1) and the fact that  $P\{X \ge Y\} = 1$  implies  $P\{E(X|H) \ge E(Y|H)\} = 1$  for any  $H \subseteq \mathfrak{F}$ . We leave this as an exercise for the reader: one which we have not been able to solve.

Feller [4; p. 214] mentions (2) without proof. Neveu [7; p. 122] mentions only the case  $X \ge 0$ , without proof as an easy generalization of (1), which it is since the interval I can be bounded below. Chung [2; p. 281] has a proof of (2) which is not based on (3) and which is not quite complete.

Doob [3; p. 33] shows that once the existence of regular conditional distributions is established, (2) can be obtained from (1) in an elementary way. Indeed Breiman [1; p. 80] assigns the proof of (2) as an exercise with the above as a hint.

I prefer to build a proof around (6) as follows:
Choose a > 0 and let

(10) 
$$A = A(a) = \{ |E(X|Q)| \le a \}.$$

Then (6) is true with X replaced by  $XI_A$  -- unless 0 is not in I, in which case X should be replaced by  $XI_A$  +  $bI_A$ c for some b in I, and f(0) should be replaced by f(b) below. Now m[E(XI\_A|Q)] is bounded, so we are justified in concluding that

(11) 
$$E[f(XI_A)|_{\mathcal{Q}}] \geq f[E(XI_A|_{\mathcal{Q}})] .$$

Because Asy, the left side of (11) is

(12) 
$$E[f(X)I_{A} + f(0)I_{A}c|_{\mathcal{G}}]$$

$$= E[f(X)|_{\mathcal{G}}]I_{A} + f(0)I_{A}c ,$$

while the right side is

(13) 
$$f[E(X|Q)I_A] = f[E(X|Q)]I_A + f(0)I_Ac$$
.

Comparing (12) and (13) we see that, in effect, on A, the  $I_A$ 's can be deleted from (11). Since  $P(A) \rightarrow 1$  as  $a \rightarrow \infty$ , this completes the proof.

Recently, I noticed (6) in Hunt [5; p. 48] with the remark that (2) then follows immediately if X is bounded and "in general by a passage to the limit". So the preceding proof fills in the details omitted by Hunt. But note that the proof will not go through if (10) is replaced by  $A = \{|X| \le a\}$  since this set is not in G.

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